

Day _____

Bake cookies
for
Police or Fire
Department

Day _____

Leave a note &
cookies
in mailbox for
mailman

Day _____

Collect toys
to donate
to Goodwill or
a shelter

Day _____

Write a thank-
you note to
your teacher

Day _____

Help a sibling
with his or her
chores

Day _____

Draw a picture
for your
grandparents
or neighbor

Day _____

Send a card to
a service
member
overseas

Day ____

Tape change to
a vending
machine with
a note

Day ____

Let someone
else go ahead
of you

Day _____

Say something
nice to
someone

Day ____

Hold the door
open for
someone

Day ____

Give a High 5 &
say 'You're
awesome!' to
everyone

Day _____

Paint colorful
rocks & leave
around town

Day ____

Give a
thank-you note
to your
bus-driver

Day ____

Make
Valentine's Day
cards for a
nursing home

Day _____

Bring old
towels to an
animal shelter

Day ____

Write
encouraging
chalk message
on the sidewalk

Day ____

Bring canned
food to a local
food pantry

Day _____

Smile at
everyone you
see

Day _____

Make care
packages
for children in
foster care

Day _____

Day _____

Day _____

Day _____

Day _____

Day _____

Day _____

Day _____

Day _____

Day _____

