

Back to School CHECKLIST

End of Summer Prep

- ☐ school clothes shopping
- ☐ get supply list & items
- ☐ finish summer assignments
- ☐ stock up on snacks
- ☐ schedule hair cuts & physicals
- ☐ extra printer paper & ink
- ☐ label everything
- ☐ sign in to school portals
- ☐ create backpack drop-off
- ☐ create homework station
- ☐ start waking up early
- ☐ meal plan for 1st wk of school

First Day of School Prep

- ☐ pack lunch
- ☐ pack backpack
- ☐ lay out clothes
- ☐ 1st Day of School Sign
- ☐ take showers
- ☐ set alarms & coffee pot
- ☐ charge devices
- ☐ go to bed early
- ☐ get up earlier than usual
- ☐ eat a good breakfast
- ☐ leave time for pictures
- ☐ depart house early

you
can
do

hard things

