

# 70 ACTIVITIES FOR KIDS

## WHEN THEY'RE BORED AT HOME

1. make a craft
2. rearrange the bedroom
3. clean out & donate clothes
4. clean out & donate toys
5. take apart old electronics
6. play a board game (+ tournament)
7. play a card game
8. film a movie
9. make a silent, slow motion movie or video
10. have a photo shoot
11. have a time period party
12. have a tea party
13. make your own pizza
14. have an ice cream party
15. indoor picnic
16. inside games (hide & seek, nerf gun wars)
17. living room campout
18. indoor exercise or dance
19. hot & cold game
20. foreign country arm chair travel
21. indoor obstacle course
22. family project (family tree, photo album)
23. art time: coloring, painting, drawing
24. fix-it | DIY projects around the house
25. make cards for grandparents
26. washi tape race track
27. do a puzzle
28. care package for service member
29. make no-sew pillows from old clothes
30. make a potted garden
31. redecorate bedroom
32. old games|toys from back of closet
33. build a fort
34. make holiday|seasonal decorations or craft
35. bake or cook together
36. cupcake decorating



37. pull an all nighter
38. have a movie marathon
39. binge watch favorite tv series
40. spring clean house
41. create a map of your town
42. paint rocks
43. make illustrations for an audio book
44. color pictures for nursing home
45. make a scrap book
46. make a time capsule
47. create a puppet show
48. lego contest
49. playdough creation contest
50. create the family menu for the week
51. cook & dress up for a fancy dinner
52. create a word search



### OUTDOOR ACTIVITIES

53. yard clean up
54. outdoor obstacle course
55. clean car, inside & out
56. go for a walk
57. go for a bike ride
58. go on a scavenger hunt (walk or drive)
59. geocaching
60. play with bubbles
61. sidewalk chalk creations
62. play hopscotch
63. create chalk racetrack
64. jump rope
65. games with balls: soccer, baseball
66. throw things outside: nerf balls, frisbees, rocks, foam or paper airplanes
67. outdoor picnic
68. catch the sunrise and sunset
69. stargaze
70. scenic drive

