

01 | January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

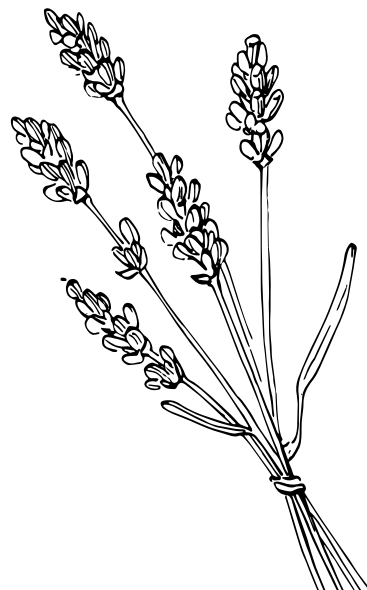


notes:

02 | February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

notes:



03 | March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



notes:

04 | April

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

notes:



05 | May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



notes:

06 | June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

notes:



07 | July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



notes:

08 | August

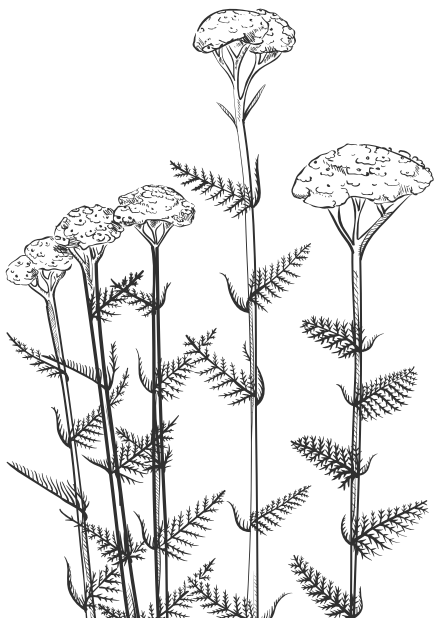
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

notes:



09 | September

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



notes:

10 | October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

notes:



11 | November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY



notes:

12 | December

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

notes:



Weekend Plans



Saturday

Sunday

Meal Planner

week



	BREAKFAST	LUNCH	DINNER	SNACKS
MON				
TUE				
WED				
THU				
FRI				
SAT				
SUN				

Monthly Goals

MONTH



Blank goal box with a light gray header bar.

Blank goal box with a light gray header bar.

Blank goal box with a light gray header bar.

Blank goal box with a light gray header bar.

Blank goal box with a light gray header bar.

Blank goal box with a light gray header bar.

Blank goal box with a light gray header bar.

Blank goal box with a light gray header bar.

Weekly Goals

WEEK



Blank box for goal setting.

Blank box for goal setting.

Blank box for goal setting.

Blank box for goal setting.

Blank box for goal setting.

Blank box for goal setting.

Blank box for goal setting.

Blank box for goal setting.

Weekly Planner

WEEK

TOP PRIORITIES



MON

TUE

WED

THU

FRI

SAT

SUN

NOTES

Weekly Planner

WEEK

MON

TUE

WED

THU

FRI

SAT

SUN

IMPORTANT

NOTES

Weekly Planner

WEEK

weekly priorities

- _____
- _____
- _____
- _____

notes

monday	tuesday	wednesday	thursday	friday	saturday	sunday

to-do list

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

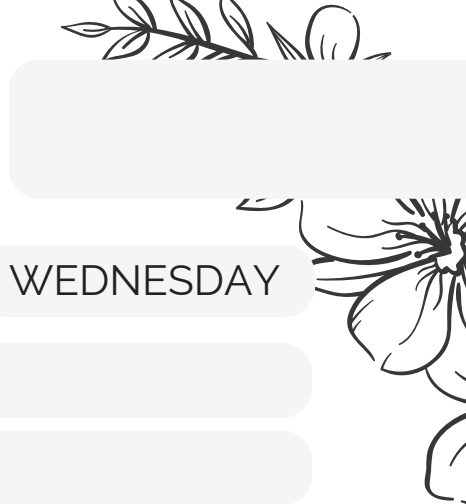
appointments

reminders



Weekly Schedule

WEEK

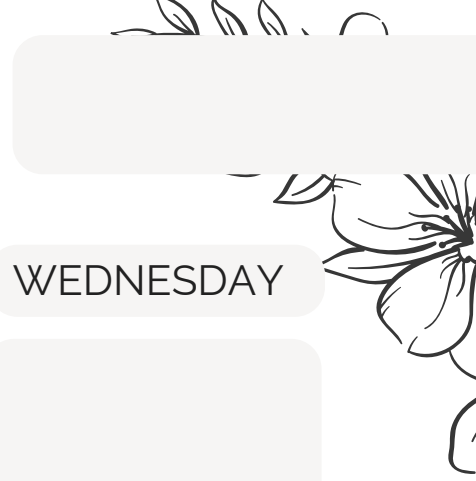


TIME	MONDAY	TUESDAY	WEDNESDAY
9:00 am			
10:00 am			
11:00 am			
12:00 pm			
1:00 pm			
2:00 pm			
3:00 pm			
4:00 pm			
5:00 pm			

TIME	THURSDAY	FRIDAY	REMINDERS
9:00 am			
10:00 am			
11:00 am			
12:00 pm			
1:00 pm			
2:00 pm			
3:00 pm			
4:00 pm			
5:00 pm			

Weekly Routine

WEEK



TIME

MONDAY

TUESDAY

WEDNESDAY

morning

afternoon

evening

TIME

THURSDAY

FRIDAY

REMINDERS

morning

afternoon

evening

Weekly Task List

WEEK

MONDAY

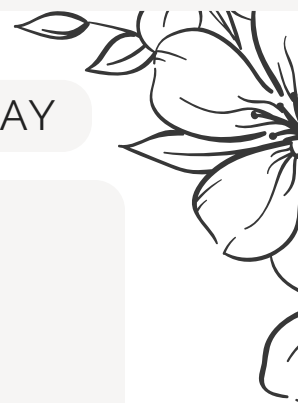
TUESDAY

WEDNESDAY

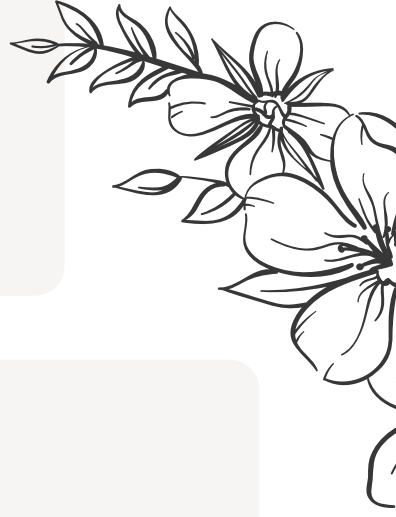
THURSDAY

FRIDAY

REMINDERS



Daily Routine



morning

afternoon

evening

Daily Schedule



8:00 am

9:00 am

10:00 am

11:00 am

12:00 pm

1:00 pm

2:00 pm

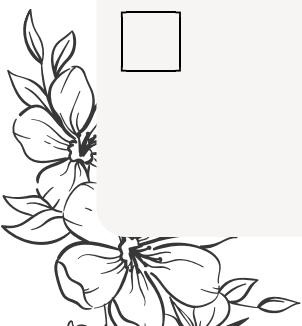
3:00 pm

4:00 pm

5:00 pm

daily to-do list

day | date:

☐☐☐☐☐☐☐☐☐☐

daily to-do list

day | date:

☐☐☐☐☐☐☐☐☐☐

Daily Planner

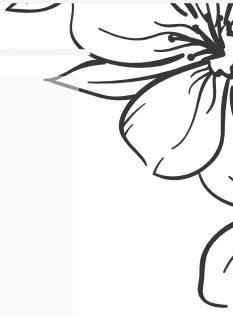
DAY | DATE



today's priorities

- _____
- _____
- _____
- _____

NOTES



morning

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

breakfast

afternoon

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

lunch

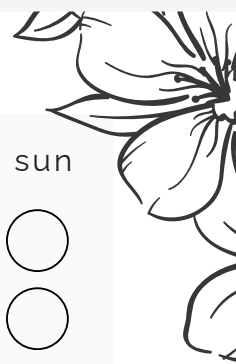
evening

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

dinner

Habit Tracker

DATE



h a b i t

mon

tue

wed

thu

fri

sat

sun

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

mon

tue

wed

thu

fri

sat

sun

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

mon

tue

wed

thu

fri

sat

sun

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

mon

tue

wed

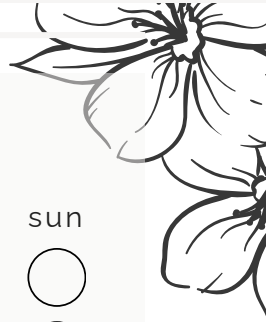
thu

fri

sat

sun

☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

[illegible][illegible]

Bucket List



☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐ _____

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

☐

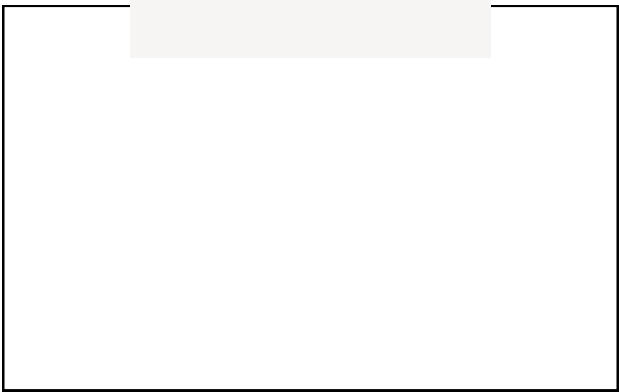
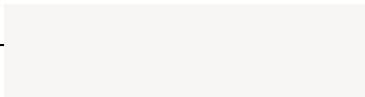
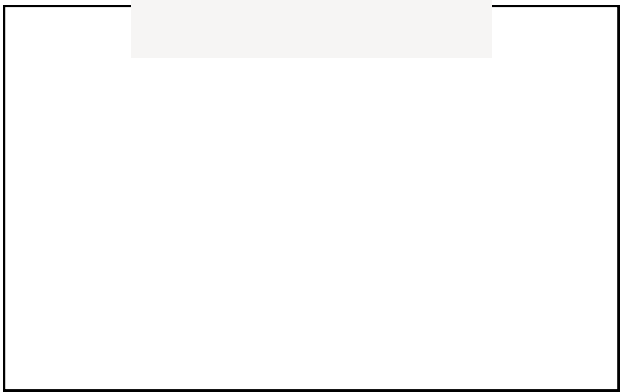
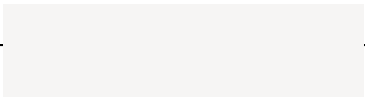
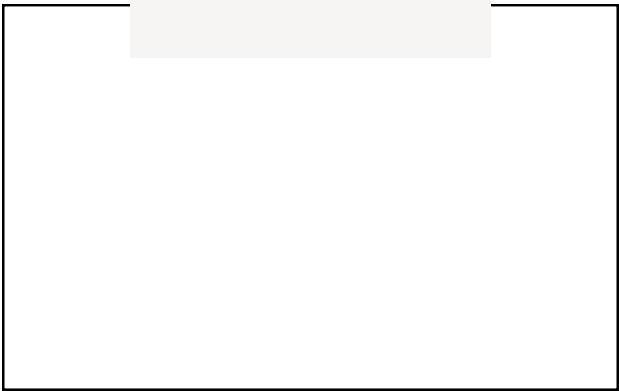
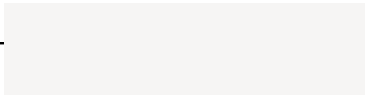
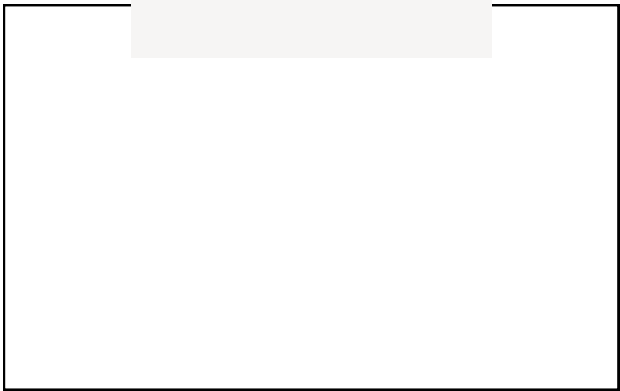
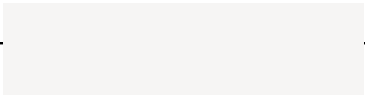
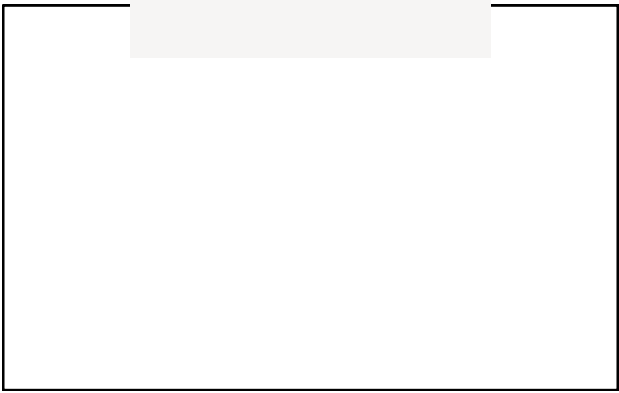
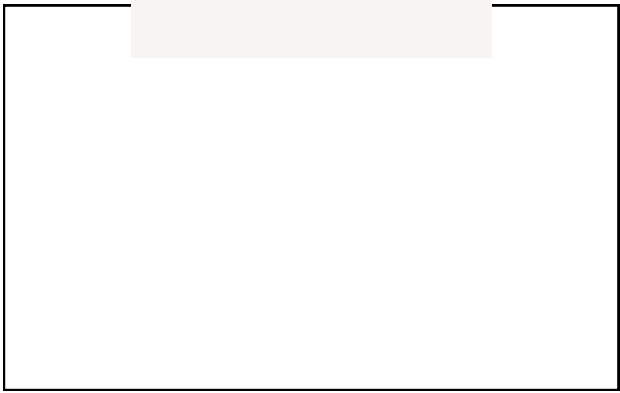
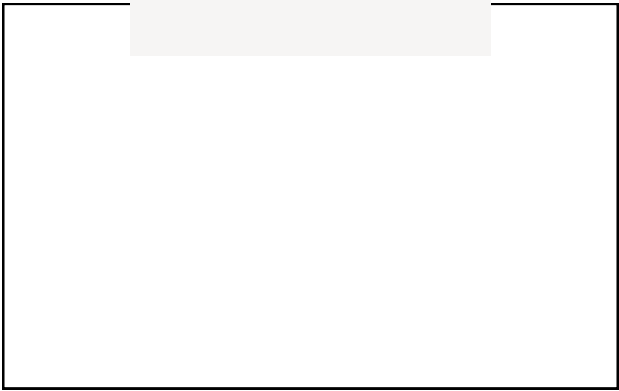
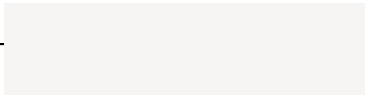
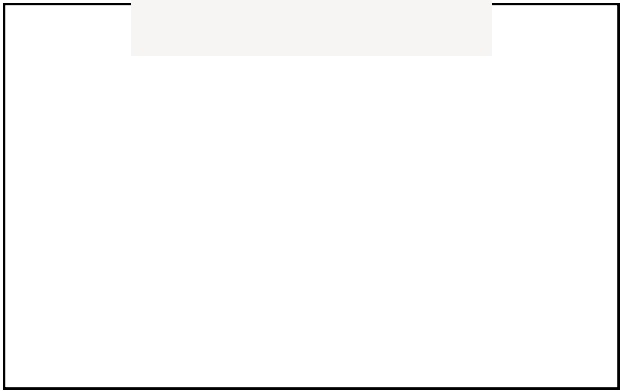
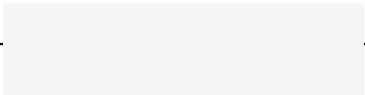
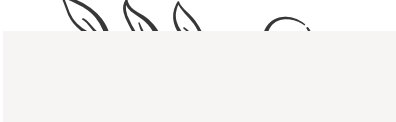
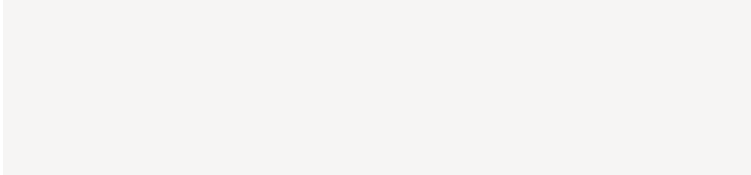
☐

☐

☐

☐

☐



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

REMINDERS

